

<http://www.birthchoices.info>

## Private Practicing Midwives (Illawarra Region)

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### **Jane Hardwicke Collings**

Available for homebirth and private midwifery care. Facilitator of Pregnancy - the Inner Journey Workshops. Author of Ten Moons - the Spiritual Journey of Pregnancy, Preparation for Natural Birth. Founder of The School of Shamanic Midwifery

0408035808

[janecollings@bigpond.com](mailto:janecollings@bigpond.com)

[www.moonsong.com.au](http://www.moonsong.com.au)

[www.placentalremedy.com](http://www.placentalremedy.com)

<http://schoolofshamanicmidwifery.blogspot.com/>

<http://janehardwickecollings-moonsong.blogspot.com/>

### **Marie Heath**

Marie Heath is a very experienced midwife practising primarily in the Illawarra and Shoalhaven area. She has been in Private Practice for the past 12 years having been honoured to have assisted with over 300 births during that time.

Pregnancy and birth are normal life events and giving birth is an integral part of a woman's life. Marie firmly holds that every woman is unique and her care must reflect this. It is every woman's right to choose her carers and where and with whom she gives birth. She acknowledges that the process of pregnancy and birth matter for a woman, her baby and family and that a woman's experience of this process has a remarkable impact on the rest of her life.

Marie truly has the confidence in every woman's potential to birth naturally, whilst having the experience, skill and commitment to provide one-to-one care that totally supports each woman's ability to do so.

Please don't hesitate to contact Marie if you would like further information about pregnancy care and birthing options.

### **Midwyf Services**

Mobile – 0407 266004    Email – [info@midwyfservices.com.au](mailto:info@midwyfservices.com.au)

Web – [www.midwyfservices.com.au](http://www.midwyfservices.com.au)

### **Sonja MacGregor**

I am happy to attend homebirths within a 2hr drive from Campbelltown, currently most of my clients are in the Blue Mountains and Macarthur area, but am happy to travel to the Southern Highlands and Illawarra areas as they will both be much closer than the mountains. I have been attending homebirths for nearly 2 years now, and previously worked in the Camden Birth Centre.

My email is [sonjamac@bigpond.com](mailto:sonjamac@bigpond.com), phone 0419 149 019

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### **Melissa Maimann**

Melissa is passionate about home births and women's abilities to birth their babies naturally. She attends home births across Sydney, Wollongong, out to Penrith, eastern suburbs and lower north shore. Continuity of care is provided from preconception to after the birth of your baby. Melissa has been a midwife since 2001 and has worked in most hospitals and health settings in Sydney. She has completed a course in the Billings Ovulation Method, has a Masters in Business Administration and has senior health care management experience.

Melissa is also the director of Essential Birth Consulting; services include birth planning and preparation, birth debriefing, research advice and childbirth education.

Web: [www.essentialbirthconsulting.com.au](http://www.essentialbirthconsulting.com.au) email: [melissa@essentialbirthconsulting.com.au](mailto:melissa@essentialbirthconsulting.com.au)  
phone: 0400 418 448

### **Rachele Meredith**

0421 721 497

[r8chele@yahoo.com.au](mailto:r8chele@yahoo.com.au)

### **Sheila Vaughan**

With an Independent Midwifery practice in the Illawarra 'Heartfelt Homebirths'.

I am offering personalised one-to-one care for women wanting home birth in the Illawarra and surrounding areas. This care includes antenatal, birth and postnatal care for up to 30 days after your birth.

My phone number is: 0400-88-30-41 Email: [heartfelthomebirths@hotmail.com](mailto:heartfelthomebirths@hotmail.com)

### **Betty Vela**

Offering continuity of midwifery care during pregnancy, birth and postnatally. Birth is a natural, empowering experience that is part of a normal life journey rather than a medical event.

Providing support for women and their families and encouragement to believe in herself and her ability to birth instinctively.

e-mail [bpvella@optushome.com.au](mailto:bpvella@optushome.com.au) phone 02 9540 4992

### **Jacqui Wood**

Pregnancy and birth is a normal, healthy life experience. As natural as it is to conceive your baby in a loving, safe and intimate environment, labouring and birthing at home, in your own relaxed setting, gives you the freedom to follow your body's instinctive knowledge of birthing naturally, without restrictions. As a Midwife, I have immense passion for my career and gain great professional and personal satisfaction from it. I offer a holistic approach to midwifery care, providing care throughout your pregnancy, labour and birth (a birthing pool is available for water birth) and care after the birth of your baby. All care is provided in your home.

Area covered: Lower Central Coast, Sydney and surrounding suburbs to Thirroul

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Jacqui Wood: 0430 109 400

Email: [midwifejac@hotmail.com](mailto:midwifejac@hotmail.com)

**Victoria Kleeberg**

(Bowral) Victoria Kleeberg [kleeberg@bigpond.net.au](mailto:kleeberg@bigpond.net.au)

**Christine Duff**

(Milton). Christine Duff" [kookaburra@activ8.net.au](mailto:kookaburra@activ8.net.au)

**Others who may attend homebirths further south-**

Maike Quellenberg [qbmaike@hotmail.com](mailto:qbmaike@hotmail.com) and Cindy Turner [midwife@bordnet.com.au](mailto:midwife@bordnet.com.au) are located on the far south coast and may attend births in the southern regions but you would have to ask them if they are currently doing so.